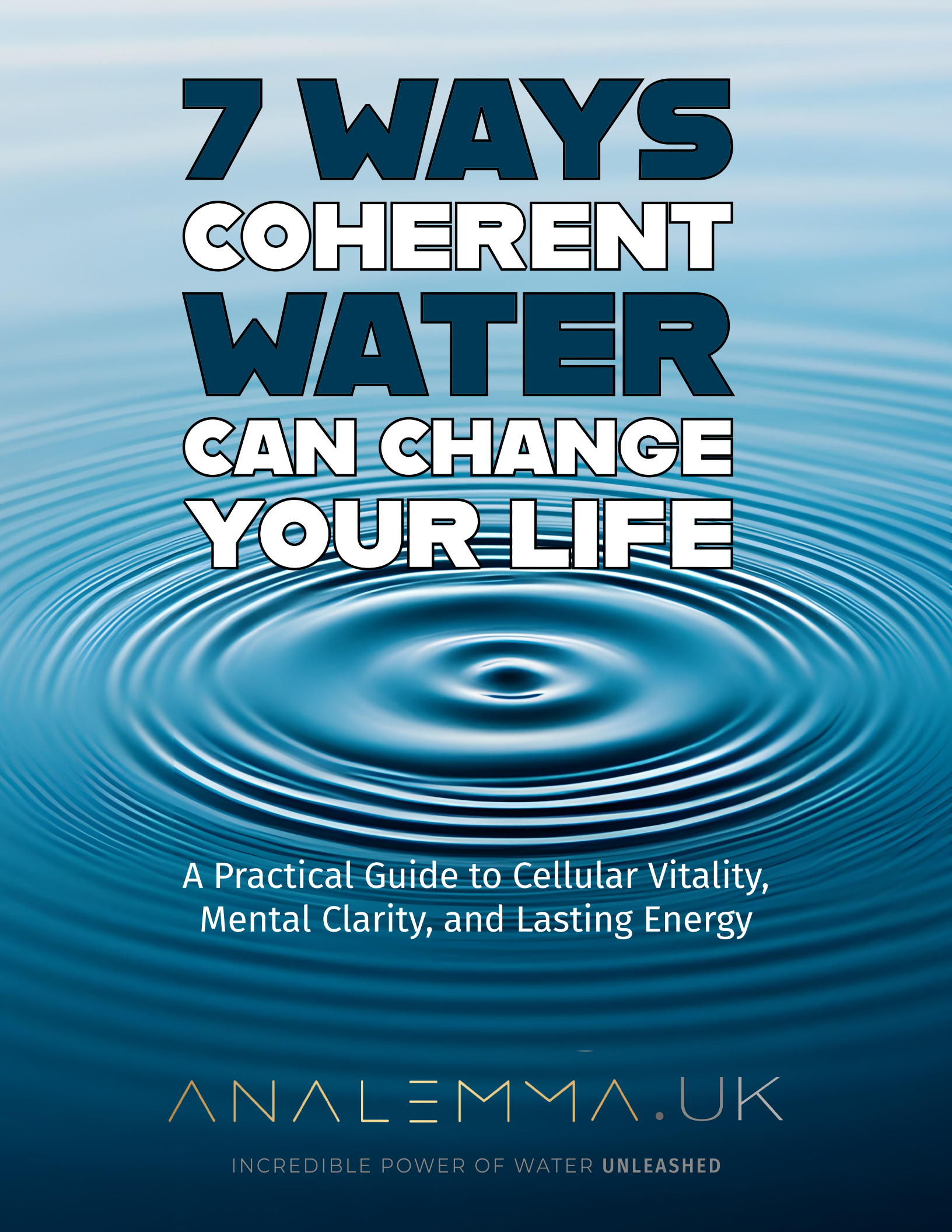




7 WAYS **COHERENT** **WATER** **CAN CHANGE** **YOUR LIFE**

A Practical Guide to Cellular Vitality,
Mental Clarity, and Lasting Energy

ANALEMMA.UK

INCREDIBLE POWER OF WATER **UNLEASHED**

INTRODUCTION: THE SHIFT YOU'VE BEEN WAITING FOR

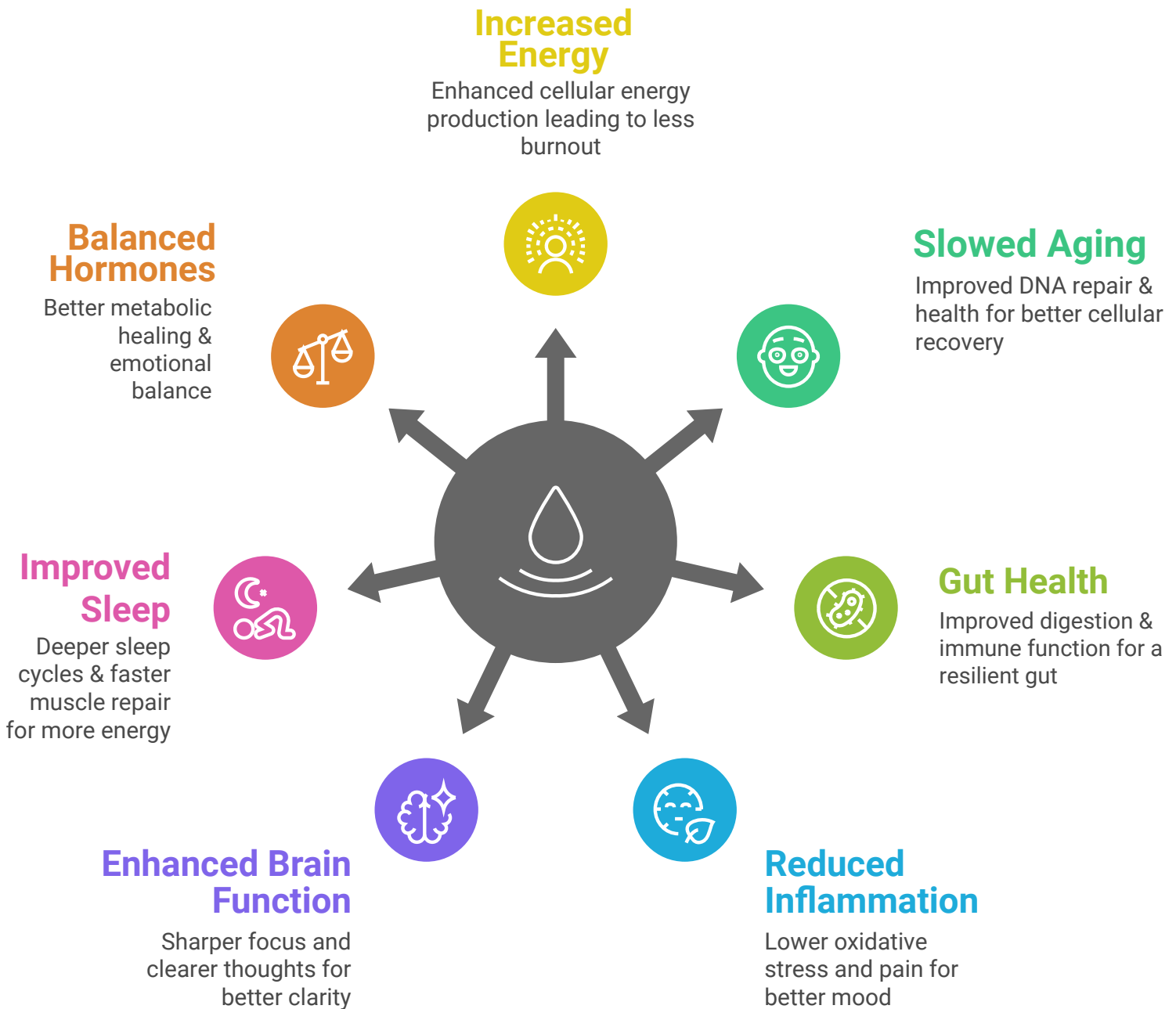
You've tried everything-supplements, biohacks, sleep hacks, high-performance routines-yet you still feel like something's missing.
It's not just you.

More and more people are realising that the water they drink might be the one missing link

HERE'S THE TRUTH: NOT ALL WATER IS CREATED EQUAL..



THE BENEFITS OF COHERENT WATER



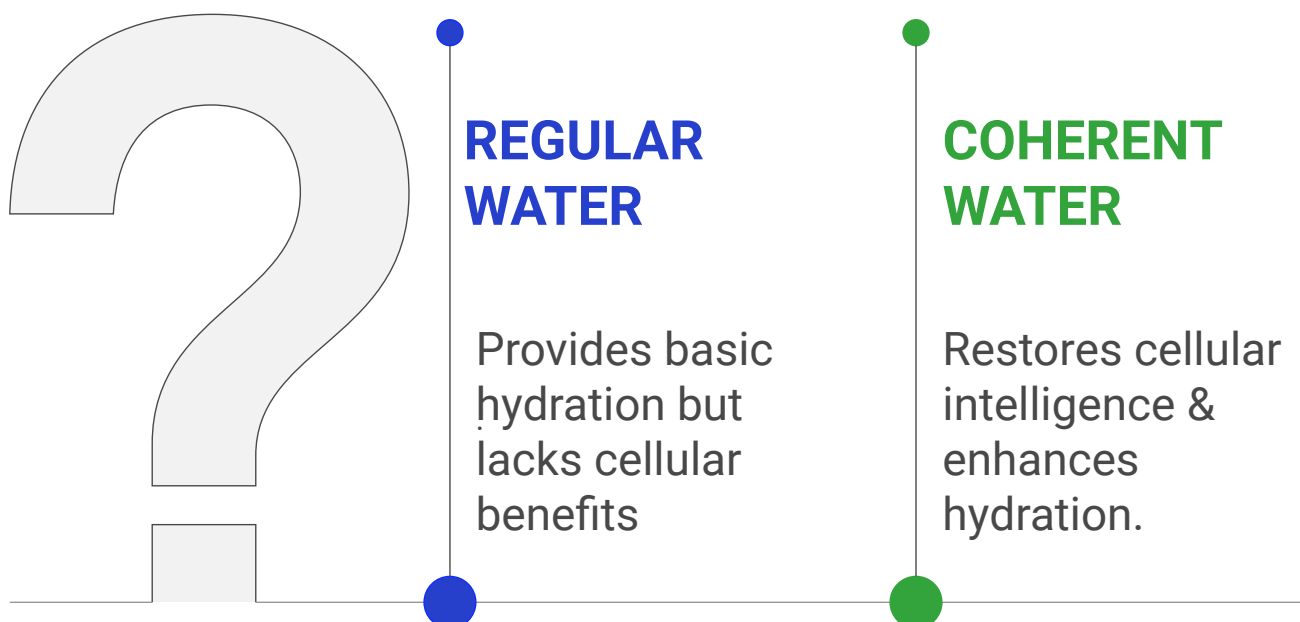
WHY COHERENT WATER?

Coherent water-also known as structured water-is biologically optimised water that your body recognises and uses instantly.

The coherent state of water is most important when considering its role in living beings. According to the theory, when water comes into contact with biological surfaces, it tends to enter a coherent state. This organised arrangement allows water to act as a medium for transmitting important information between the cells, tissues, and organs of our body

THE BOTTOM LINE

Your body isn't just asking for more water.
It's asking for the right kind.



This guide breaks down 7 powerful ways coherent water can radically upgrade how you feel, think, heal and live.

1. Supercharge Your Cellular Energy (ATP)

Your cells rely on ATP for everything-from movement to thinking. Coherent water enhances mitochondrial efficiency, allowing your cells to create more ATP with less stress.

Result: More energy, less burnout.

2. Boost NAD Naturally and Slow Aging

NAD is crucial for DNA repair and cellular health. As we age, levels drop. Coherent water supports the body's ability to naturally increase NAD - no injections or powders required.

Result: Better recovery, clearer thinking, deeper regeneration.

3. Heal Your Gut from the Inside Out

Coherent water improves the environment for your microbiome - encouraging good bacteria to thrive and bad ones to fade. It improves digestion, reduces bloating, and supports immune function.

Result: A lighter, stronger, more resilient gut.

4. Reduce Inflammation at the Root

Most pain, disease, and fatigue can be traced to chronic inflammation. Coherent water helps reduce oxidative stress and supports the body's natural anti-inflammatory pathways.

Result: Less joint pain, quicker recovery, better mood.

5. Enhance Brain Function & Lift Brain Fog

Your brain is mostly water. The more coherent the water, the faster signals travel, the clearer your thoughts become. Users often report sharper focus, easier recall, and calmer emotions.

Result: Clarity, flow, presence.

6. Improve Sleep and Cellular Recovery

When your body is hydrated with coherent water, sleep improves-deeper cycles, faster muscle repair, and more morning energy.

Result: Wake up rested, not groggy.

7. Support Hormones and Metabolism

Hormonal health is tied to mitochondrial function and hydration. Coherent water supports both, leading to better metabolic health, balanced mood, and weight management.

Result: Stable energy, healthy weight, better emotional balance.

"I HAVE MUCH MORE ENERGY!

I've been using my Analemma water wand for about 3 weeks now. Almost immediately I noticed a difference in my energy levels"

"I wanted to let you know how much we love the whole house unit! Our skin, our gut and our plants have never been happier. Our dog who's had yeast and allergy issues for years is now better!!"

"I'm truly enjoying my Analemma Water Wand, it makes incredibly smooth, vitalised, delicious water. Truly impressed.."

COHERENT WATER DOESN'T JUST HYDRATE YOU -

**IT RESTORES THE CELLULAR
INTELLIGENCE THAT YOUR BODY
WAS DESIGNED TO RUN ON.**



IMPROVES
GUT HEALTH



BOOSTS
ANTI-
INFLAMMATORY
PATHWAYS



REVITALISES
YOUR
IMMUNE
SYSTEM



NUMEROUS
POSITIVE
EFFECTS ON
ANIMAL &
PLANT LIFE



BODY & MIND
STATE OF
COHERENCE



POSITIVE
EFFECTS ON
BRAINWAVES



INCREASES
CELLULAR
ENERGY



COHERENT WATER FOR A COHERENT BODY

The idea of coherent water is frequently met with doubt. **How can altering the physical form of drinking water result in notable biological advantages?**

If we were to calculate the total number of molecules in the human body, we would discover that 99% of them are H₂O. Water is a plentiful medium that envelops each molecule in every cell of our body.

Doesn't this make water the perfect medium for transmitting information through matter?

Modifying the energy of our water implies modifying our own energy in essence,

Analemma Water makes the difference between a 5W Lightbulb and a 5W Laser! It's still Light (or Water), but in a coherent form which is where it's true power lies.

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INCREDIBLE POWER OF WATER **UNLEASHED**

When we were designing the Analemma wand, we had one goal in mind: to create a sustainable, elegant tool that will allow anyone to easily create endless amounts of coherent water – with no recurring purchases necessary.

Our Ground-Breaking Technology creates what we call the “Mother Water” – the supercharged full-spectrum coherent water we fill into our wands. The Analemma wand is made of quartz, a crystal whose physical structure allows it to transmit energy from the inside to the outside. When regular water is placed in close proximity to the Analemma wand, the dominant, highly ordered configuration of the water inside the wand is copied to the outside, and the regular water in the glass becomes coherent, allowing you to receive all of its benefits.



ON THE GO

Our handy clear quartz crystal wands can travel with you enabling you to enjoy your Full Spectrum Coherent Water with any water, from any tap or bottle - They can even go through airport scanners without damaging the Mother Water!

THE HOUSE

Now you can receive Analemma Water from every faucet in your home enabling you to drink, wash, bathe, cook and feed your pets & your plants with Full Spectrum Coherent Water! The benefits of bathing in it as well as drinking it are immense!

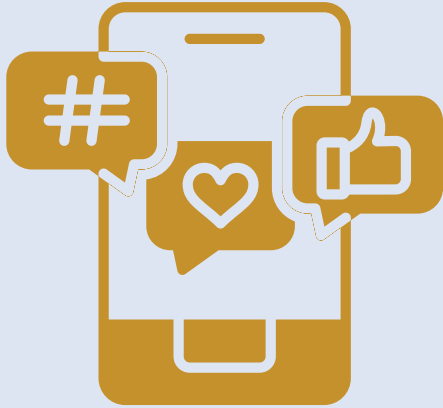
THE VERSATILE POINT OF USE UNIT,

The amazing Point of Use unit is designed to be versatile for almost any application and is slightly smaller than our Whole House Unit. By using Analemma Water in your garden, not only will your plants will flourish but Analemma is also scientifically proven to revitalise even the most toxic of soils!

[Learn More at Analemma.uk](https://www.analemma.uk)

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